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Wynberg Boys' High School

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Circular 5

15 January 2016

Dear learner and parent.

Your high school career is just around the corner. Awesome! This year Wynberg Boys' High School will be running its water polo academy at no cost to you.

Who is the Water Polo Academy for?

Boys and Girls from all over the region who are wanting to learn how to play water polo, make new friends, keep fit, have access to top class facilities and have a fantastic time are all invited to attend. Learners from various top junior schools such as Sweet Valley, Kirstenhof, Grove, Groote Schuur, Sun Valley and Simon Van Der Stel have been part of this programme. **The Academy is open to anyone.**

What is the Water Polo Academy?

- It encourages learners to play water polo and create an environment of fun and learning at the same time.
- It encourages sportsmanship, pride and self-discipline through quality coaching programmes.
- It promotes cardio-vascular fitness and hand-eye coordination through exercise better preparing learners for their winter sports, especially rugby.
- It encourages team building.
- It encourages learners to forge new friendships before reaching high school.
- It offers learners opportunities to take part in mini inter-school tournaments.

Yes, the Water Polo Academy is for me! Now what must I do?

- Join our sessions every Tuesday and Thursday at Wynberg Boys' High School Aquatics Centre from 18h00-19h00.
- Tell your friends and parents.

We look forward to having you and your friends at Wynberg Boys' High School. Visit Wynberg water polo on face book and www.wbhs.org.za. For more information contact rdudd@wbhs.org.za

If you intend attending please send me an email so that I can add you to the Academy distribution list.

Yours in Water Polo

Roland Rudd
Vice Principal Sport | Boarding

Headmaster: Mr J de Waal (BA, M.Ed)